

# Lunch Menu

## Light Bites

- Fresh cooked chips (v)** £3.50  
w/ 'Chip Shop' style Curry sauce/Gravy
- Black Lion side salad (v) (GFO)** £3.00  
w/ Black Lion vinaigrette
- Perl Las blue cheese salad (v) (GFO)** £7.00  
w/ beetroot and candied walnuts
- Mushrooms on toast (v) (GFO)** £5.50  
w/ garlic, crème fraiche and herbs
- Homemade soup of the day (v) (GFO)** £5.50  
w/ warm bread
- Sharing board (for 2) (v)** £12.50  
w/ olives, s/d tomatoes, hummus, rocket, warm bread, Black Lion pickles, oil and balsamic. Choose from cured meat or cheese
- Goats' cheese Bruschetta (v) (GFO)** £7.50  
w/ roasted pepper and balsamic glaze

## Nibbles

- Warm breads (v) (GFO)** £2.50  
w/ olive oil and balsamic
- Black Lion spiced peanuts (v) (GFO)** £1.50
- Olives (v) (GFO)** £1.75

## Sandwiches

- Choose from white or wholemeal bloomer  
or Spanish crusty Gallega  
(Gluten free bread available)
- All served w/ garnish of Pipers' crisps and salad
- Posh fish finger** £6.75  
w/ Black Lion samphire tartare sauce
- Welsh cheddar (v) (GFO)** £6.00  
w/ Black Lion piccalilli
- Carmarthen Ham (GFO)** £6.25  
w/ wholegrain mustard mayo
- Coronation Chicken** £6.50  
w/ almonds and apricots
- Rhosyn Farm Pork Sausage** £6.50  
w/ Black Lion caramelised red onion chutney

## Sweet

We have a range of sweet treats, desserts and cakes available daily.

Please ask us about today's options or see our desert boards

Daily Specials also available – see board

(v) – vegetarian

(GFO) – gluten free option available

Please inform us of any dietary requirements when ordering.

## Mains

- Black lion Welsh beef burger and fresh cooked chips** £10.75  
w/ salad garnish. Add Perl Las cheese or Mushrooms £12.50
- Posh beer battered cod fish fingers and fresh cooked chips** £11.00  
w/ pea crush and Black Lion samphire tartare sauce.
- Ploughman's- Welsh cheese (v) or Carmarthen ham (GFO)** £10.50  
w/ warm bread, Black Lion pickles, piccalilli and chutney, salad leaves, tomato, apple and celery.
- Black Lion tart of the day (Ask for today's choice)** £8.50  
w/ house salad and Black Lion vinaigrette
- Mussels and fresh cooked chips (GFO)** £8.50  
w/ garlic butter sauce
- Pasta or Gnocchi and fresh green basil pesto (v)** £7.00  
w/ toasted pine nuts and rocket
- Add a Capestone free range chicken supreme** £10.50